

PNOE Ergometry results

Subject

Measurement

Name [REDACTED] a

Status  Closed

Gender Male (46)

Date 01/17/2024 06:37:20

Weight 86 kg

Duration 11' (79 breaths)

Height 185 cm

Protocol  RMR - PNOE (/Protocol/Edit?id=770cc333-c4fa-49eb-a965-1f143)

Exercise Frequency 3 times a week

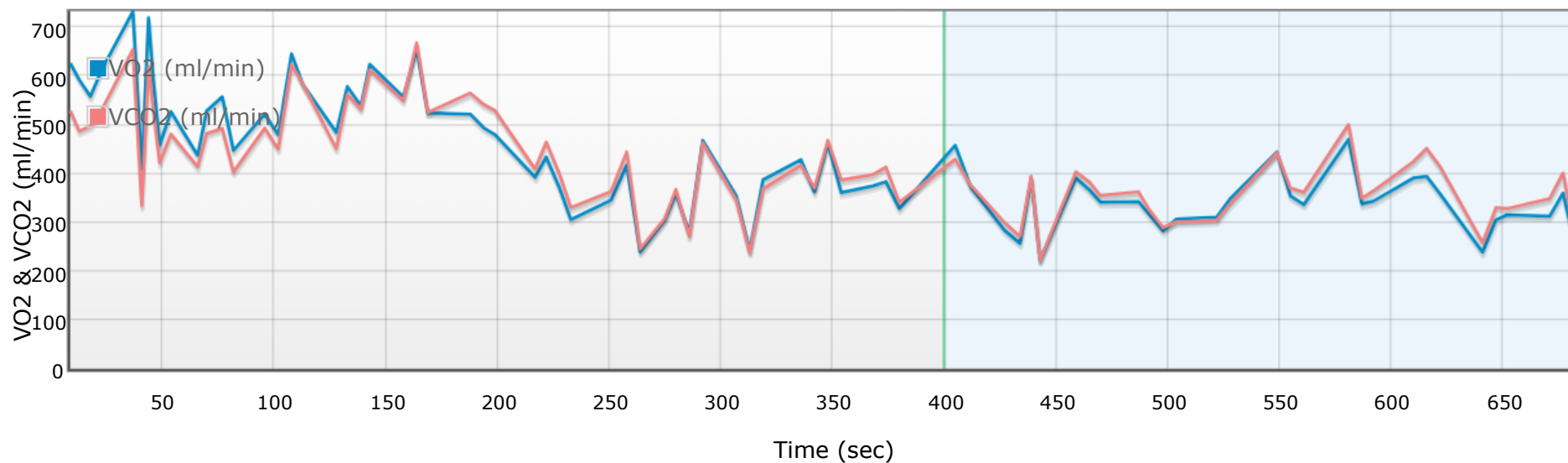
Device PNOE 2216-300

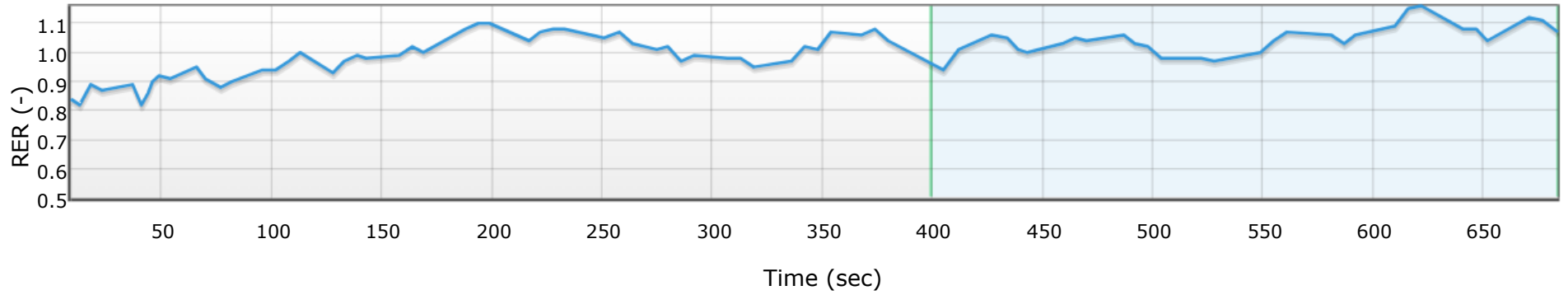
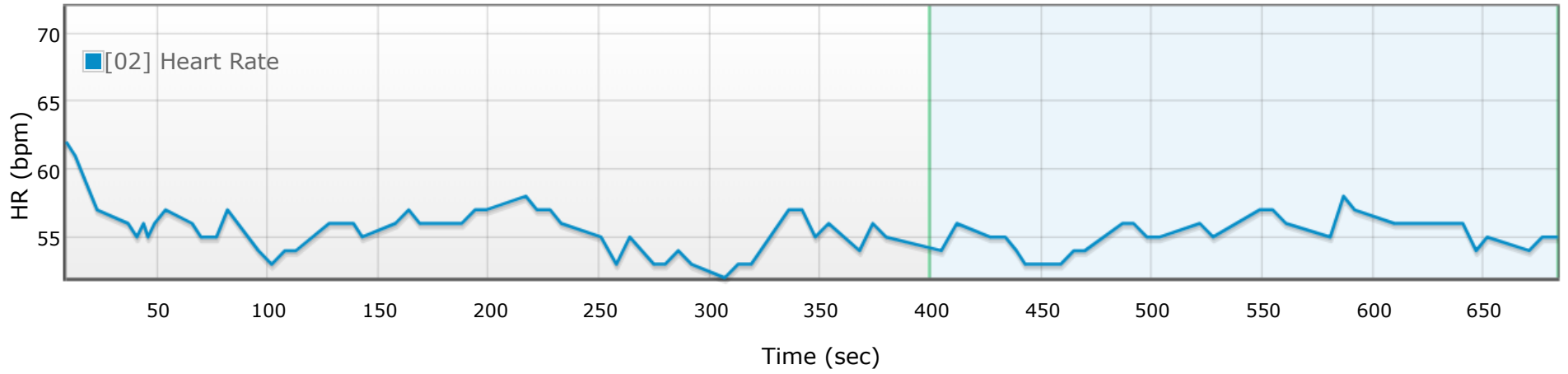
Exercise Goal Performance (Dynamic Sports)

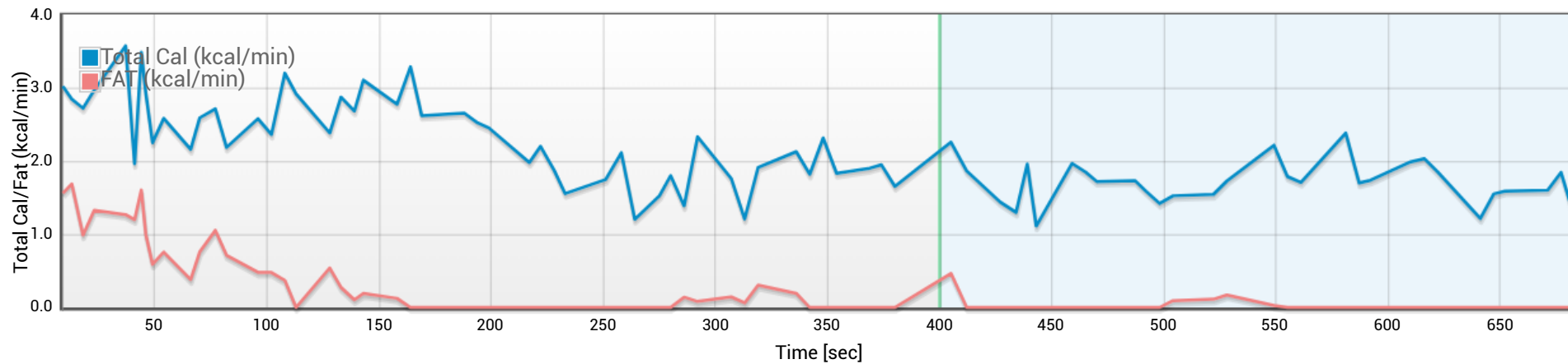
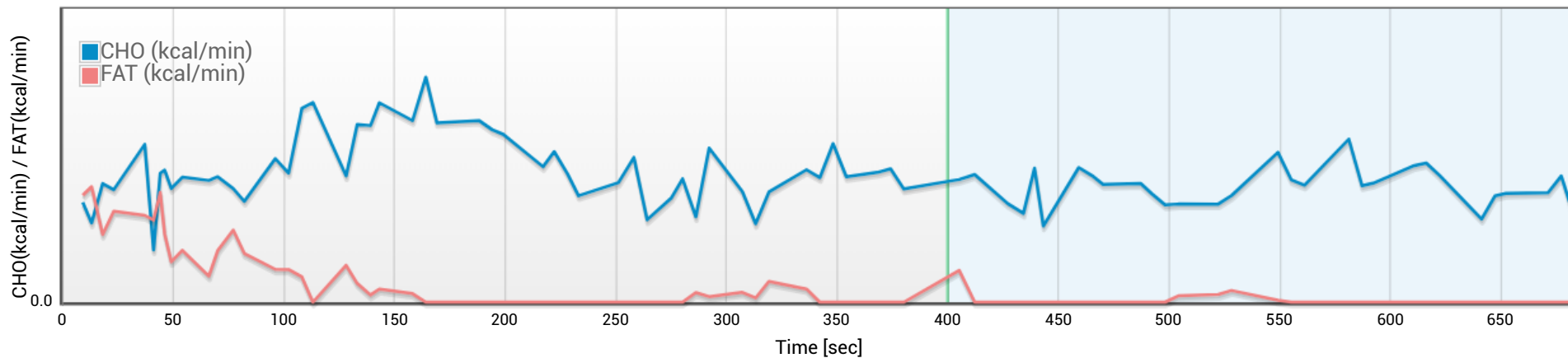
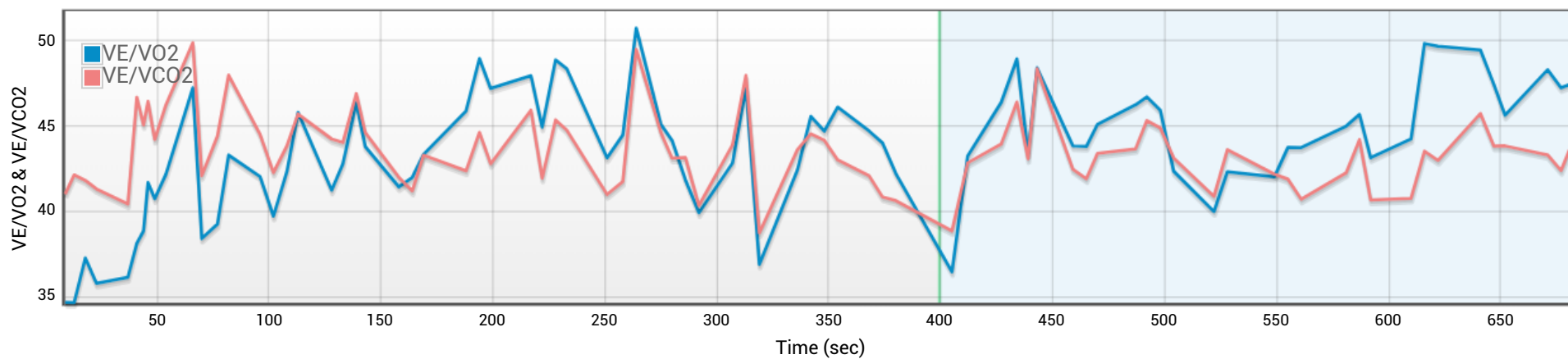
Offline 

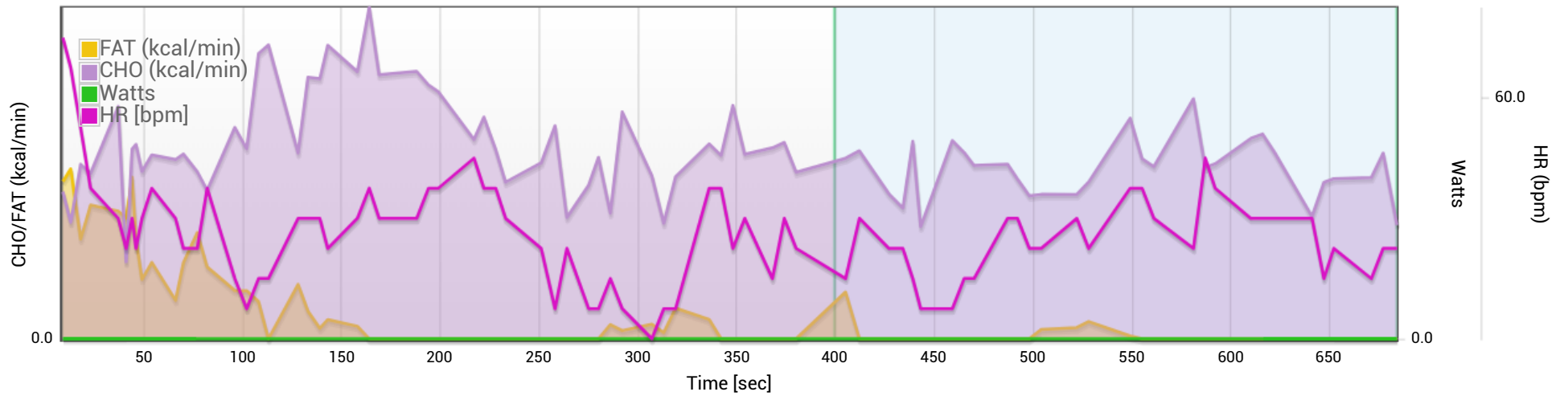
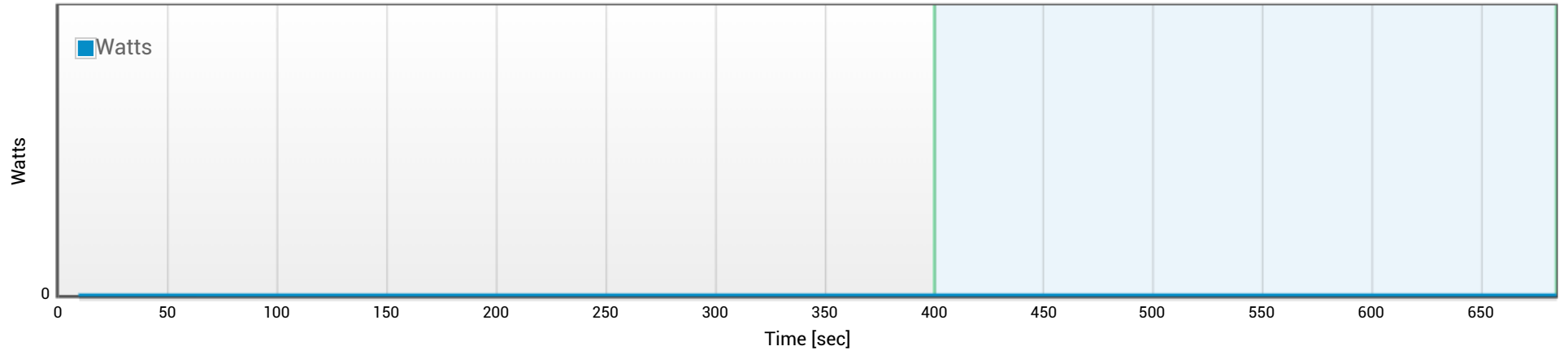
Report Type RMR

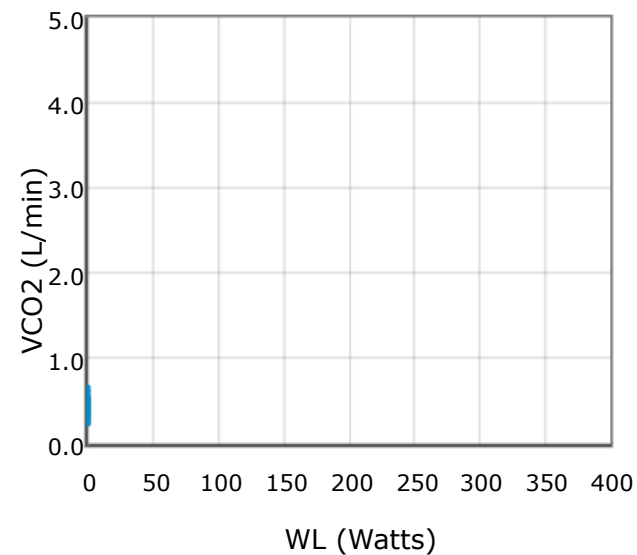
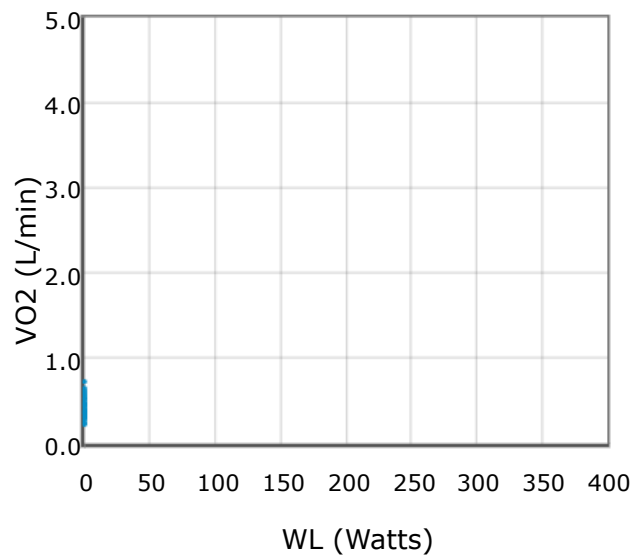
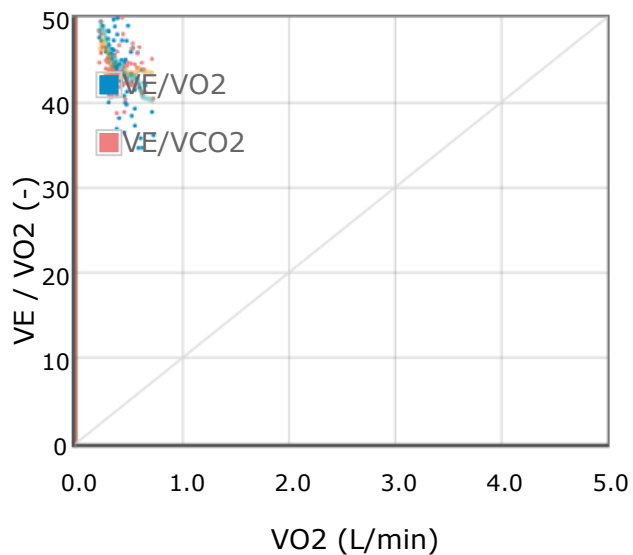
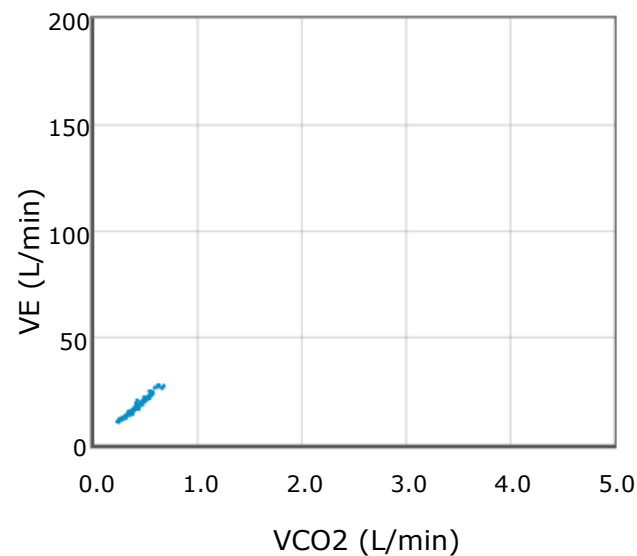
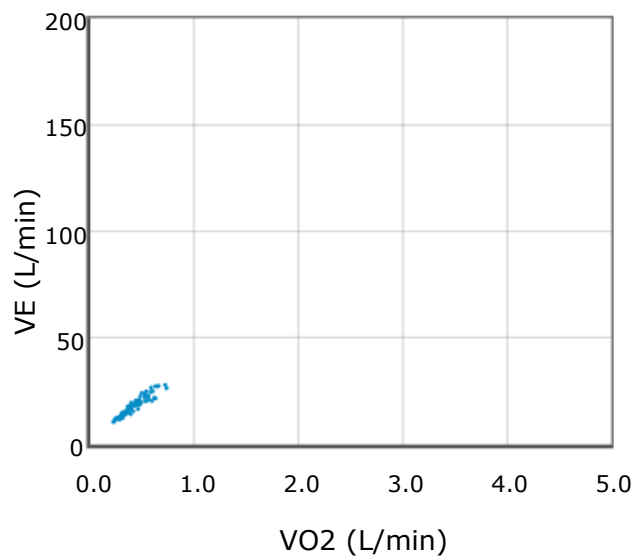
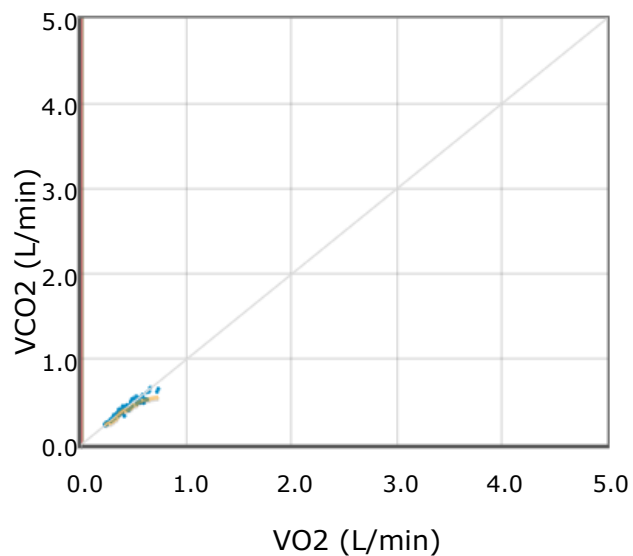
RMR

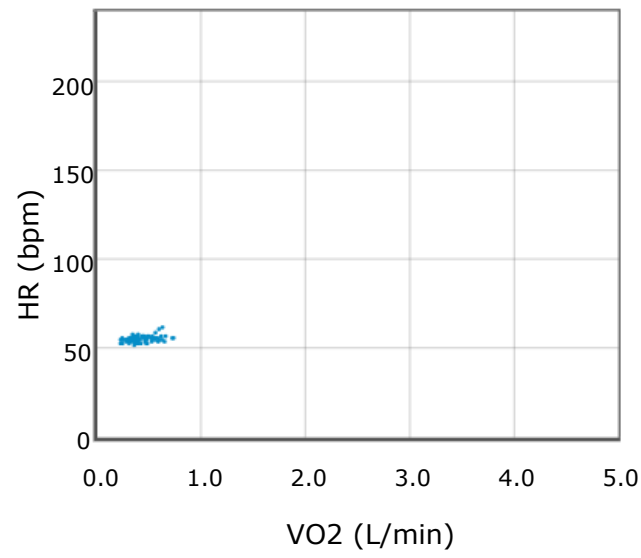
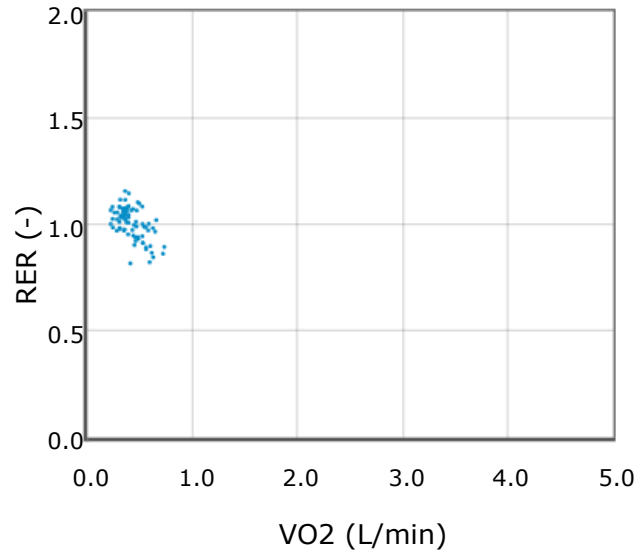












i RMR -- Duration 1' (5 breaths)

Calculations

Parameters

VO2 peak	352.2 ml/min	4.1 ml/min/kg	HR peak	56 bpm	Mean Carbs	96%
VO2 mean	327.8 ml/min	3.8 ml/min/kg	HR mean	56 bpm	Mean Fat	4%
VO2 last 15"	352 ml/min	4.1 ml/min/kg	HR last 15"	57 bpm	Mean EE	1.6 Kcal/min
VCO2 peak	350.5 ml/min	4.1 ml/min/kg	VE peak	14.84 L/min	Mean EE	2352 kcal/day
VCO2 mean	322.5 ml/min	3.8 ml/min/kg	VE last 15"	14.76 L/min	Total Carbs	1.7 Kcal
VCO2 last 15"	348.1 ml/min	4 ml/min/kg	RER peak	0.99	Total Fat	0.1 Kcal
			RER mean	0.98	Total EE	1.7 Kcal
			RER last 15"	0.99		

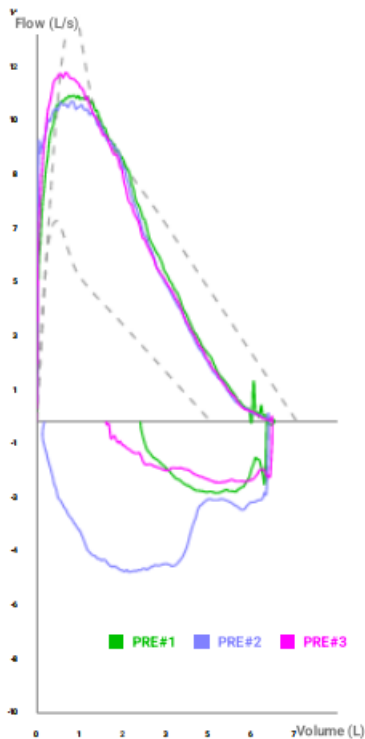
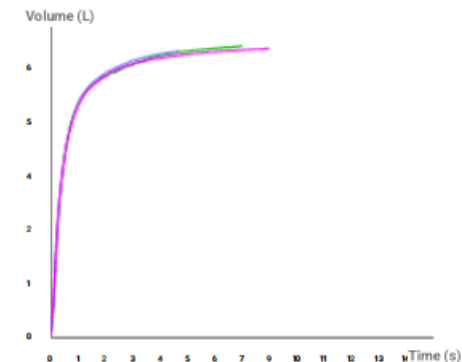
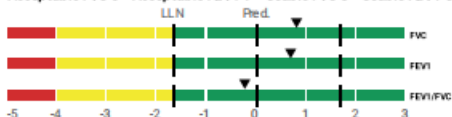
Spirometry results

VISIT DATE 2024-01-13

ID [REDACTED] Origin (Not defined) Weight 88 kg
 Last name [REDACTED] Age [REDACTED] BMI 26.28
 Name [REDACTED] Gender M
 Date of Birth 19[REDACTED]-01 Height 1[REDACTED] cm

ACCEPTABILITY CRITERIA

FVC Grade: A FEV1 Grade: A Variab.: FEV1=0.01(0.2%), FVC=0.05(0.8%)
 Acceptable FVC 5 - Acceptable FEV1 7 - Usable FVC 8 - Usable FEV1 8



SPIROMETRY

Parameters	Best	LLN	Pred.	% Pred.	PRE#1	PRE#2	PRE#3
FVC	L 6.3	4.62	5.76	109.43	6.3	6.2	6.25
FEV1	L 5.05	3.72	4.68	108.02	5.03	5.04	4.97
FEV1/FVC	% 80.2	70.99	81.59	98.25	79.8	81.3	79.5
PEF	L/m 721	396	601	119.89	670	658	721
FEF2575	L/s 4.79	2.79	4.6	104.18	4.79	5.05	4.59
FEF25	L/s 10.64	-	-	-	10.64	10.51	10.33
FEF50	L/s 5.79	-	-	-	5.79	5.92	5.28
FEF75	L/s 1.72	0.96	1.87	92.09	1.72	1.83	1.72
PEFTIME	ms 72	-	-	-	72	90	52
VEXT	ml 0.12	-	-	-	0	0	0
FEV6	L 6.23	4.62	5.76	108.21	6.23	6.2	6.16

OXYMETRY

NOTES