



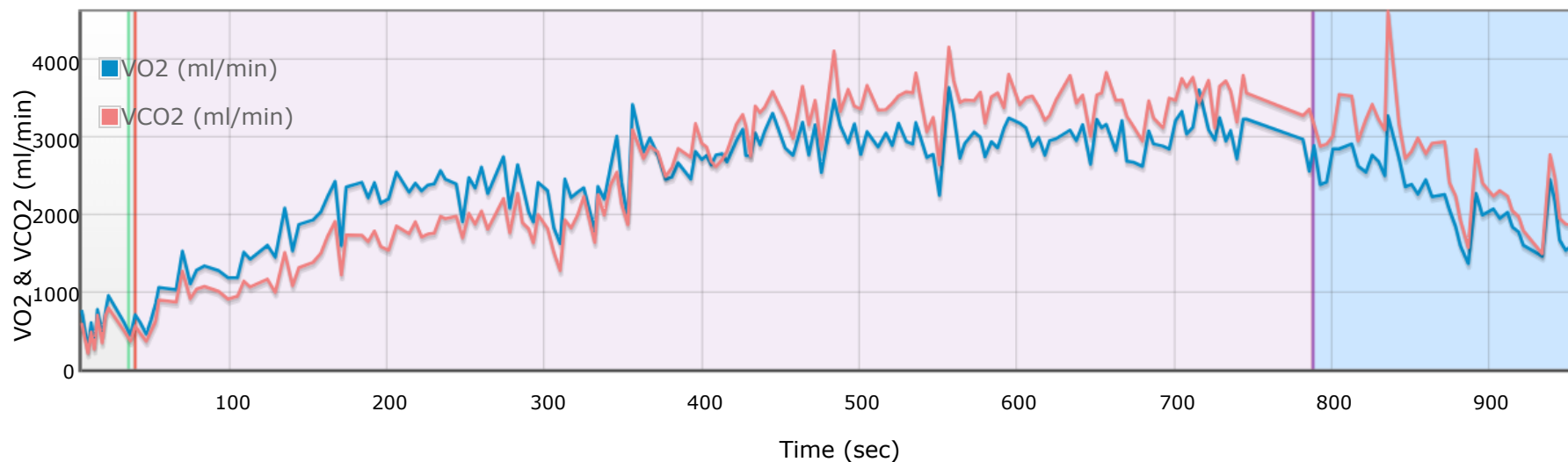
### PNOE Ergometry results

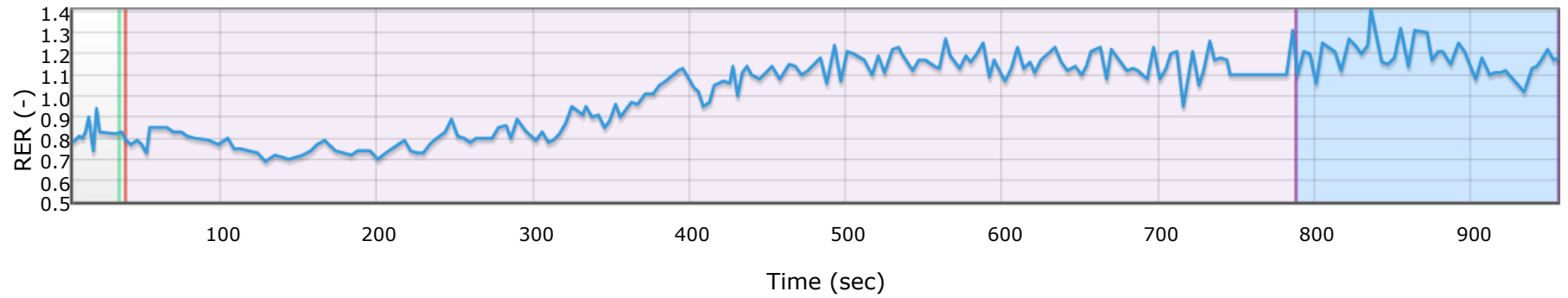
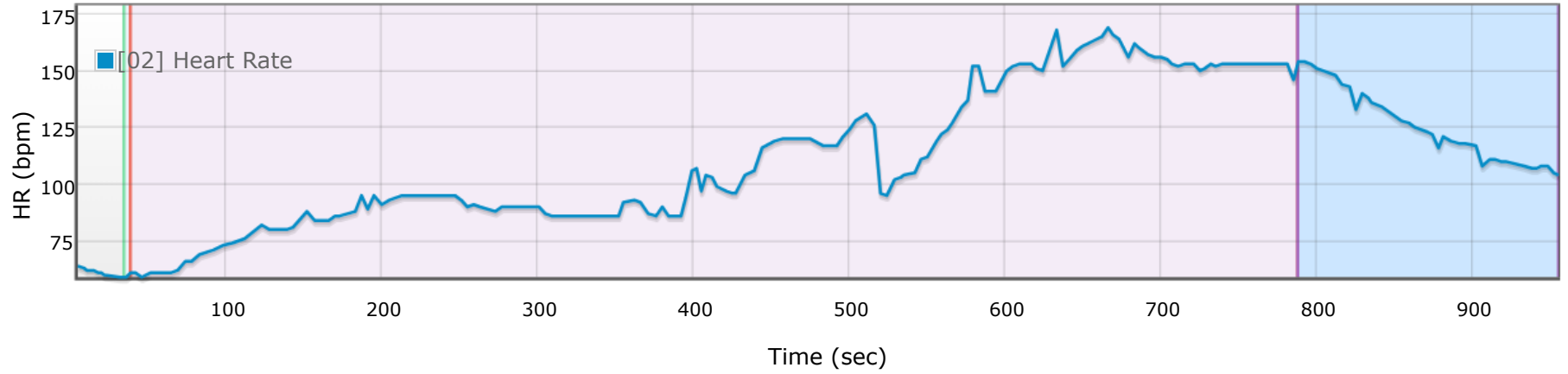
Subject 		Measurement	
<b>Name</b> Nem Samba		<b>Status</b> <input checked="" type="checkbox"/> Closed	
<b>Gender</b> Male (34)		<b>Date</b> 01/20/2024 14:46:34	
<b>Weight</b> 91 kg		<b>Duration</b> 16' (209 breaths)	
<b>Height</b> 185 cm		<b>Protocol</b>  Flywheel Ramp Test (e.g. Assault Bike) - PNOE (/Protocol/Edit?id=f78)	
<b>Exercise Frequency</b> 4 times a week		<b>Device</b> PNOE 2216-300	
<b>Exercise Goal</b> Body Recomposition		<b>Offline</b> <input checked="" type="checkbox"/>	
<b>Report Type</b> None			

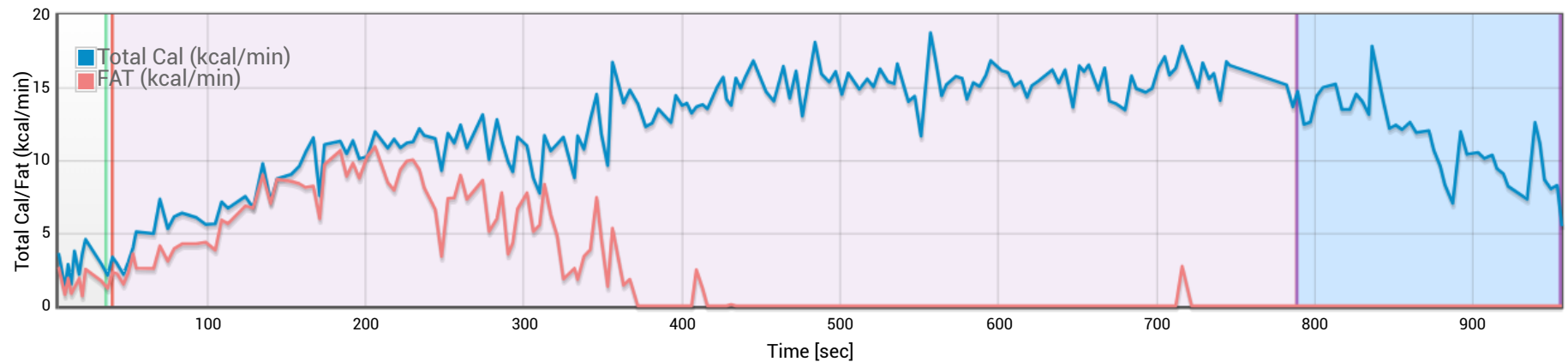
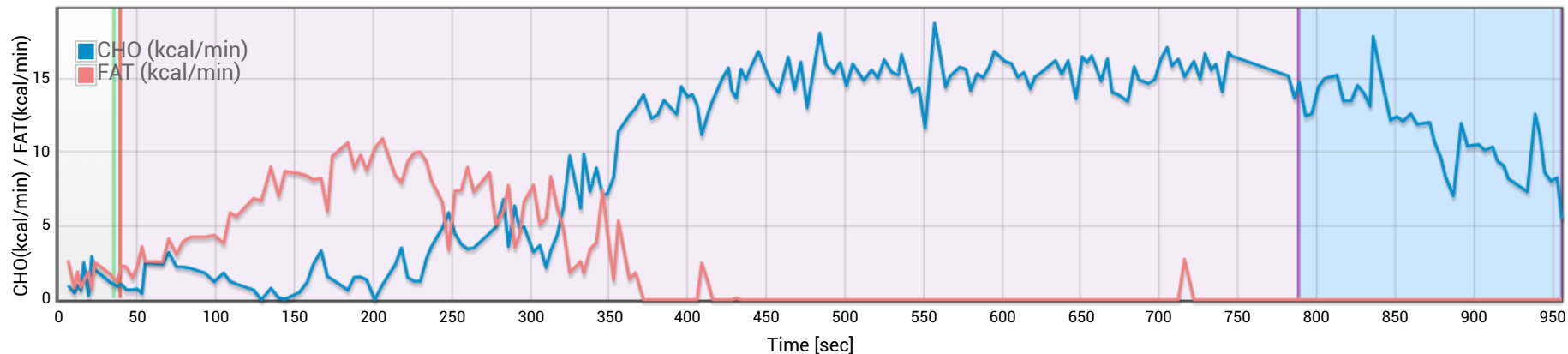
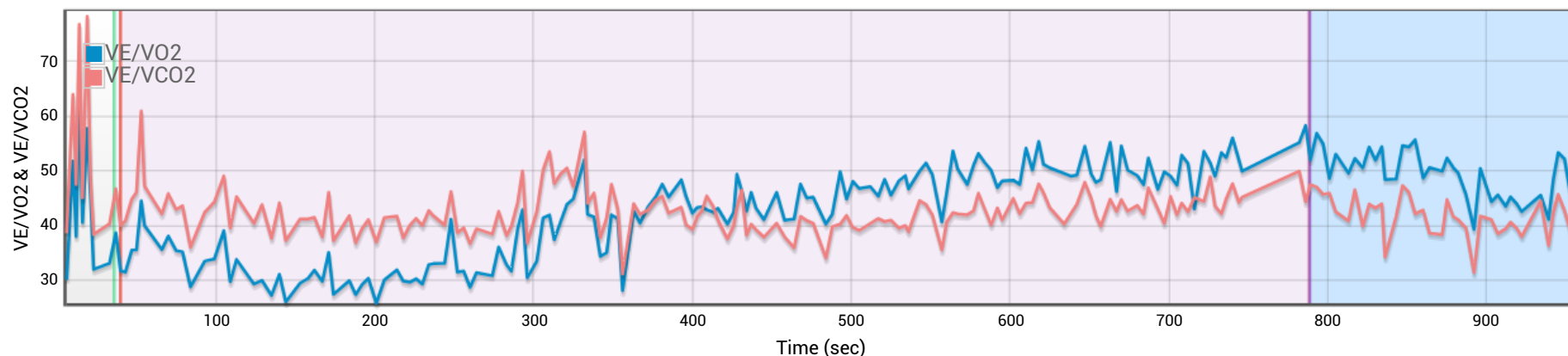
Warm Up - ...

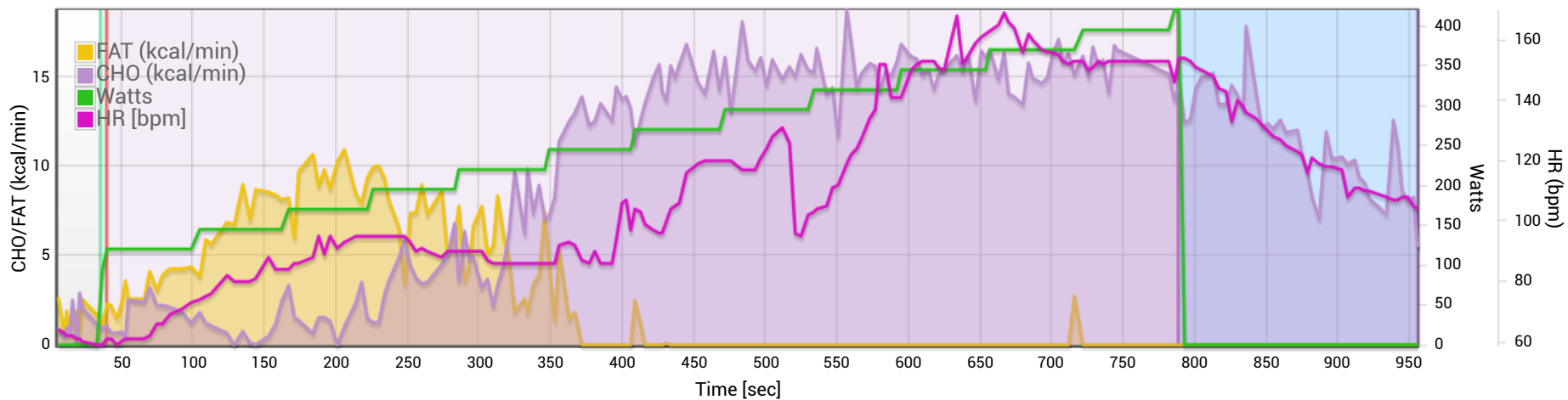
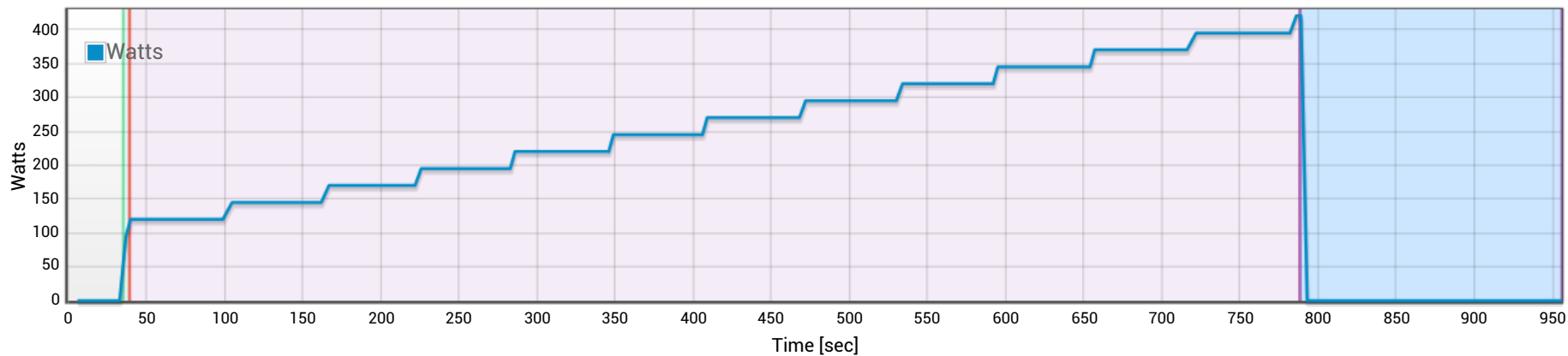
Ramp - Fly...

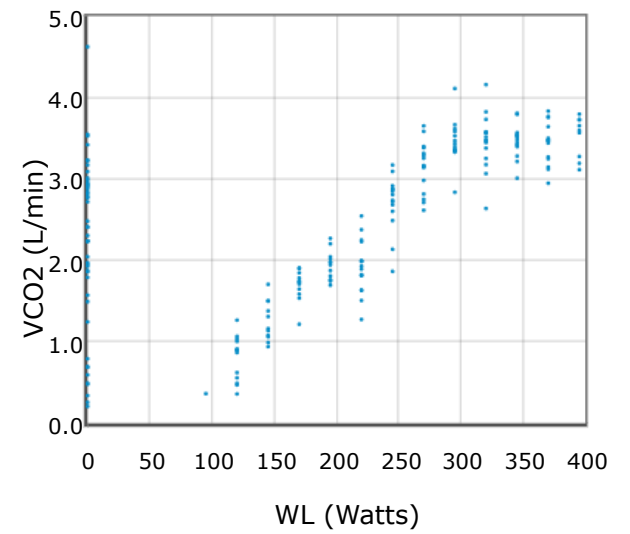
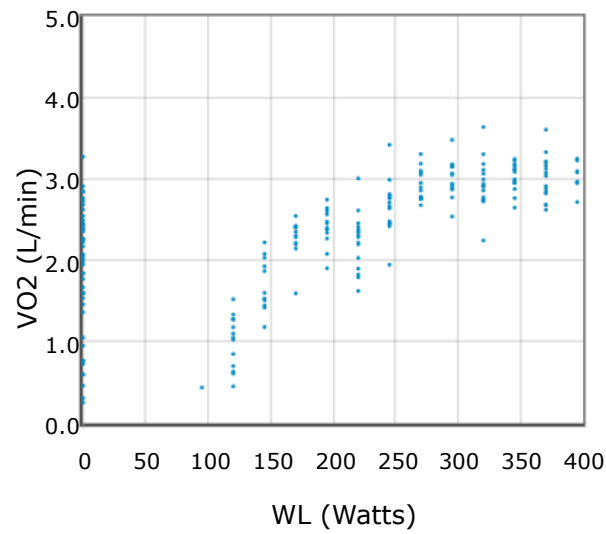
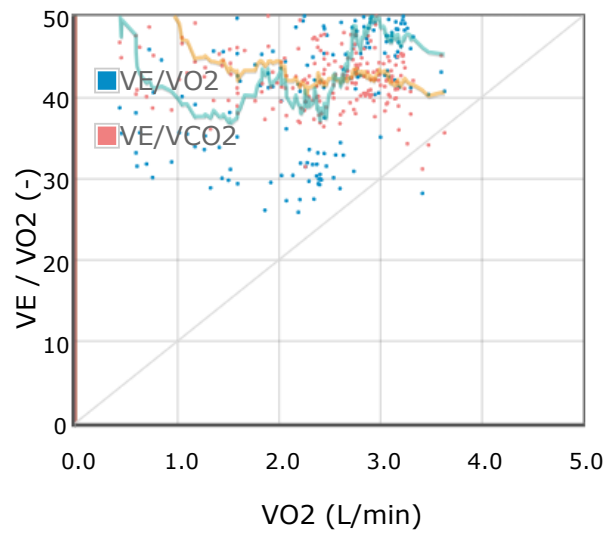
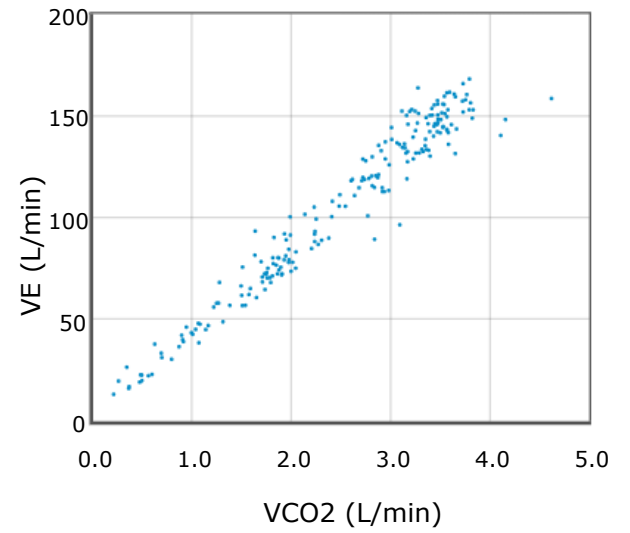
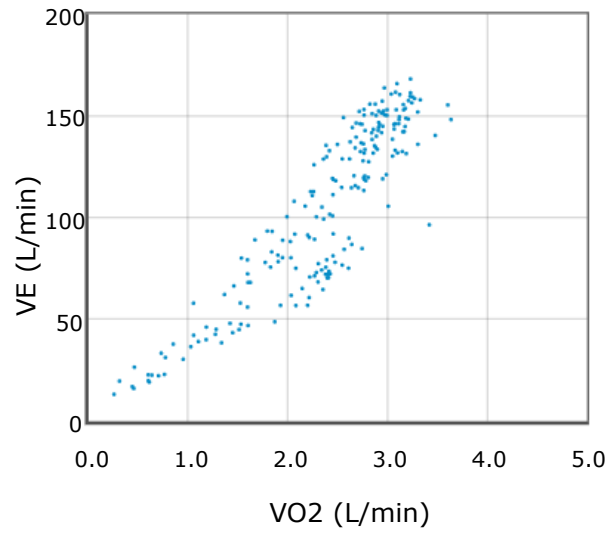
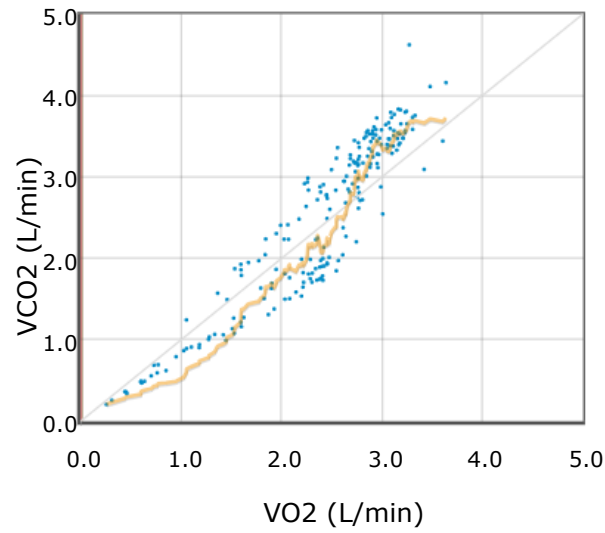
Recovery - ...

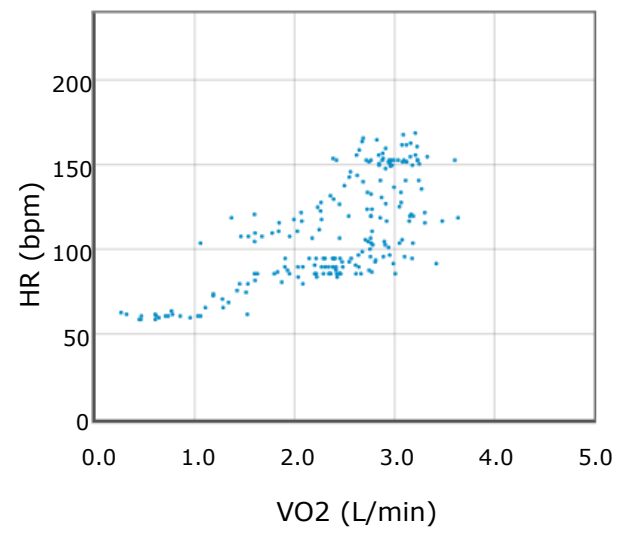
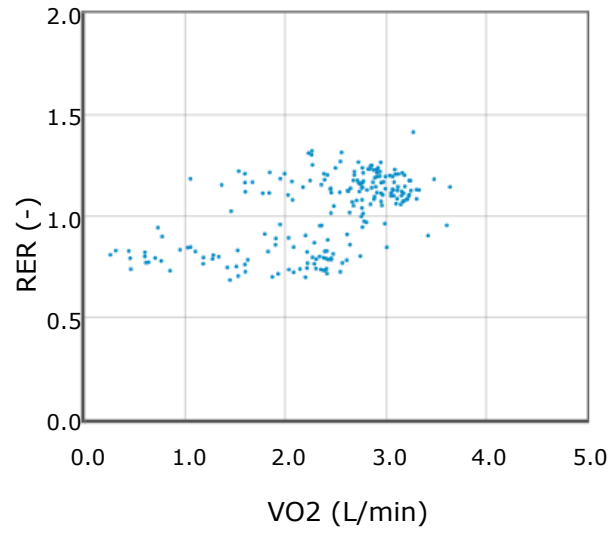












<b>VO2 peak</b>	3161.04 ml/min	34.7 ml/min/kg	<b>HR peak</b>	162.8 bpm	<b>Mean Carbs</b>	78.3%
<b>VO2 mean</b>	2471.1 ml/min	27.2 ml/min/kg	<b>HR mean</b>	108 bpm	<b>Mean Fat</b>	21.7%
<b>VO2 last 15"</b>	3029.1 ml/min	33.3 ml/min/kg	<b>HR last 15"</b>	151 bpm	<b>Mean EE</b>	12.4 Kcal/min
<b>VCO2 peak</b>	3587.08 ml/min	39.4 ml/min/kg	<b>VE peak</b>	159.61 L/min	<b>Mean EE</b>	17859 kcal/day
<b>VCO2 mean</b>	2513.6 ml/min	27.6 ml/min/kg	<b>VE last 15"</b>	158.68 L/min	<b>Total Carbs</b>	124.5 Kcal
<b>VCO2 last 15"</b>	3482.1 ml/min	38.3 ml/min/kg	<b>RER peak</b>	1.18	<b>Total Fat</b>	35 Kcal
			<b>RER mean</b>	0.98	<b>Total EE</b>	158.9 Kcal
			<b>RER last 15"</b>	1.15		

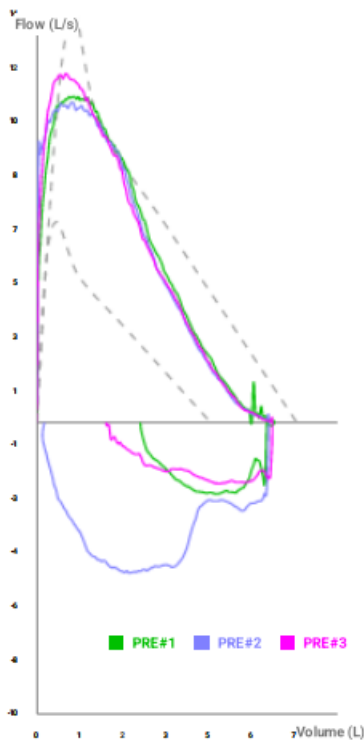
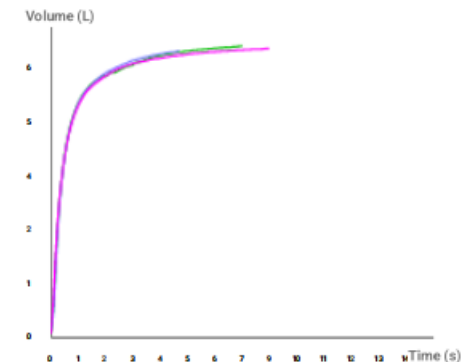
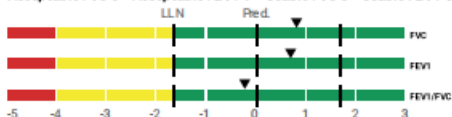
# Spirometry results

VISIT DATE 2024-01-13

ID [REDACTED] Origin (Not defined) Weight 88 kg  
 Last name [REDACTED] Age [REDACTED] BMI 26.28  
 Name [REDACTED] Gender M  
 Date of Birth 19[REDACTED]-01 Height 1[REDACTED] cm

## ACCEPTABILITY CRITERIA

FVC Grade: A FEV1 Grade: A Variab.: FEV1=0.01(0.2%), FVC=0.05(0.8%)  
 Acceptable FVC 5 - Acceptable FEV1 7 - Usable FVC 8 - Usable FEV1 8



## SPIROMETRY

Parameters	Best	LLN	Pred.	% Pred.	PRE#1	PRE#2	PRE#3
FVC	L 6.3	4.62	5.76	109.43	6.3	6.2	6.25
FEV1	L 5.05	3.72	4.68	108.02	5.03	5.04	4.97
FEV1/FVC	% 80.2	70.99	81.59	98.25	79.8	81.3	79.5
PEF	L/m 721	396	601	119.89	670	658	721
FEF2575	L/s 4.79	2.79	4.6	104.18	4.79	5.05	4.59
FEF25	L/s 10.64	-	-	-	10.64	10.51	10.33
FEF50	L/s 5.79	-	-	-	5.79	5.92	5.28
FEF75	L/s 1.72	0.96	1.87	92.09	1.72	1.83	1.72
PEFTIME	ms 72	-	-	-	72	90	52
VEXT	ml 0.12	-	-	-	0	0	0
FEV6	L 6.23	4.62	5.76	108.21	6.23	6.2	6.16

## OXYMETRY

## NOTES